The Marla Ceely Lamb Fund

Thanks once again to the dedication and work of Marla’s family and friends and to the generosity of the people of the community, the Marla Ceely Lamb Fund continues to thrive and serve over 100 people this year. This year, the annual Mother’s Day Dinner and Auction, the Tree of Remembrance Service, and the Palliative & Supportive Care Services have all maintained the high level of service and support that we have come to expect from Marla Ceely Lamb Fund.

Support for Family Caregivers

Through our Caregivers’ Connections Program, family caregivers of persons with any long term illness or disability can access education, support, and practical assistance from our staff, in their efforts to provide care for their loved one as well as remembering to take care of themselves. Services include:

- Coaching for Caregivers
- Consultations on care issues with our Nurse Practitioners or on any aspect of care,

- Time Out - stress reduction education and/or counseling, in the home or office, which may include talking, learning relaxation techniques, yoga, etc. That Shiatsu massage is also available;

- Volunteers - can provide 1 - 2 hour/week for respite breaks for caregivers, or can help with errands, transportation, etc.;

- Lending Library - a wonderful library of resources for both parents and children that many have found helpful. For more information, please contact our office. As always, these services are offered free of charge.

Caregivers’ Connections Program

Our “twinn” hospice in Craddock, South Africa, continues to do amazing work with limited resources. In their latest report to us, they noted that they currently have 400 clients with HIV disease; 39 patients with cancer, and 78 children who attend their day care program for orphans. Over the past few years, we've designated one item per year in our Annual Dreamcatcher Auction to be earmarked for Craddock. This year we sent $4000 through the Foundation for Hospices in Sub-Saharan Africa to help Craddock, money which will be used to help support their orphan program. If anyone is interested in supporting this cause, please let us know or visit our website at www.fhssa.org.

Hospice Care of Nantucket Foundation

Board of Trustees: Geoffrey Silva, President...Betsy Brown, 1st Vice President...Mary Smith, 2nd Vice President...Judy Waters, Secretary...Eugene Collatz, Treasurer...Robert Barmen...Richard Beaudette...Gussie Beaugrand...Nancy Chase...

The Hospice Care of Nantucket Foundation is a non-profit, tax exempt public charity.

A Partnership in Caring

Funded primarily by the Hospice Care of Nantucket Foundation, the palliative & supportive care program is operated as a department of HealthCare, Inc., which is an affiliate of Massachusetts General Hospital, and a member of Partners HealthCare, Inc. Palliative & Supportive Care of Nantucket is a specialized health care program, dedicated to providing excellent physical, psychological, social, and spiritual care to persons with life-limiting illness and their families.
The Dreamcatcher Dinner & Auction

O ur 16th annual Dreamcatcher Dinner and Auction was held in June under the tent at Galley Beach. It was true for our program as well as the successful bidders. The live music from the band Kahootz created a festive mood and party atmosphere, and everyone had a great time. Many, many thanks go to all of the “Dreamcatcher” volunteers from the community as well as our trustees who helped to make this a tremendous evening for all. We wholeheartedly thank the event Underwriters and Sponsors whose loyal support is so important to our financial success.

Again this year a table was sponsored and reserved for our dedicated Hospice volunteers, and we thank Trustee, Mary Smith and her husband, Jeff, for making this year’s Angel Table possible.

Once again we are grateful to the several island landscape companies and the students of the Nantucket New School who will be planting hundreds of daffodil bulbs along the Milestone Road again this fall in honor of Hospice. Yellow “daffodil cards “, each with a value of $20, were available to all who attended the auction and was encouraged to watch the sea of yellow cards when Raphael introduced this auction item which raised $10,250 for Palliative & Supportive Care.

Referring to auction items, the memorial sunset gave donors the opportunity to honor and memorialize loved ones and friends adding an additional $20,000 to our program.

For the 5th year, we set aside one of our live auction offerings and dedicated the income to our South African partnership, which through recent donations has provided renovation of the Cradock Hospice building and medical supplies from Direct Relief.

Again we thank the Nantucket community, not only those who attend but also all of the individuals and local businesses who year after year generate any one of our wonderful auction items and in-kind services in support of our main fundraising event. The evening was superb and the auction was a great success.

Board Transitions

T his year, we express our sincere gratitude to Sandy Knox Johnston and Michael Varbalow, our outgoing board members who each served for six years term. We are deeply grateful for Sandy’s efforts, particularly for her work in helping to make our Dreamcatcher Dinner Auction what it is today, first as a volunteer of several years, then as a board member. We are grateful for her enthusiasm and hard work in bringing Direct Relief International together with the Foundation for Hospices in Sub-Saharan Africa, a relationship which has resulted in bringing much needed supplies to many African hospices.

And to Michael, we extend our thanks for his commitment and leadership, particularly his contributions regarding appropriate legal affairs of the organization, and for sharing his experiences from working on boards of other Foundations. Michael is a lifelong volunteer and a devoted member of the Nantucket community who serves on many boards and committees and we are fortunate that Michael shared his time and experience with us.

We welcome to our new board members, John Penrose and Richard Beaudette. John Penrose is a former CEO of several healthcare companies and is now “somewhat retired” with a passionate commitment to serving the Nantucket community. Richard P. Beaudette, having received his JD from Northeastern University in 2003, is currently a partner with Vaughan, Dale, Hunter, Stetina & Beaudette PC here on Nantucket. We look forward to benefiting from their experience and to the contributions they will bring to our Foundation.

Support for Veterans

V eterans who are facing life-threatening illness often have experiences that are unique to their military service, particularly if they have been involved in combat. In an effort to help veterans in their home communities, the Hospice and Palliative Care Federation of Massachusetts formed a collaboration with the V.A. Healthcare System.

**HOSPICE CARE OF NANTUCKET FOUNDATION**

**Director's Report continued from page 1**

program be continued. We’ll continue to work to try to maintain this very important service, a service which we helped create in 1991.

Our volunteers have provided a total of approximately 400 hours to support patients and caregivers over this period. Most volunteer assignments have been warmth and companionship, providing respite to caregivers through our caregiver support program.

Other activities we’ve been involved with have included continuing to assist Cradock Hospice in South Africa, continuing to provide education on advance directives, and continuing to provide professional development opportunities for our staff and for other staff of departments and agencies. Over the past year, we’ve attended a Cancer Guides Workshop (complementary and alternative therapies in cancer care), and will be attending Harvard Medical School’s Palliative Care Conference in October, and our Palliative Care Council is attending 2 workshops to further develop her skills in Thai Shiatsu Massage, a type of bodywork that we’ve been offering to decrease stress and enhance well-being. We’ve recently sponsored 14 participants’ attendance at the Alzheimer’s Services “Seminars by the Sea,” a conference focused on compassionate touch to help calm and soothe the patients. The attendees included our Volunteer Coordinator, 3 of our volunteers, our Social Worker, 1 Home Health Aide from the Visiting Nurses Dept., and 8 staff members from our Island Home. In October, we will be sponsoring tuition and transportation costs for 4 professionals to attend the Annual New England Hospice and Palliative Care Conference, 1 of whom will be from the hospital’s medical-surgical unit, 2 from Our Island Home, and 1 from our Palliative Care Staff. We’ll also be covering transportation expenses for 2 patient care assistants from ADC (Adult Community Day Center) to attend a free, one day, off-island conference on Alzheimer’s Disease. We’ve also been able to offer such excellent opportunities this year thanks to a very generous grant from the Dorothy Egan Foundation designated for continuing education of direct care staff.

As we look to the coming year, we’ll be continuing to develop our new services, providing more informational outreach, and converting our website to reflect our program changes. As always, we acknowledge and appreciate our colleagues in other departments and agencies with whom we work so that our patients in our community receive the best care possible by their health care team, and, of course, we continue to deeply appreciate the work of Hospice Care of Nantucket Foundation, without whom none of this would be possible.

Heartfelt Thanks to the Dorothy Egan Foundation

W e express our sincere gratitude to the Dorothy Egan Foundation for the generous gift given to us to be used to continue the education of staff who provide direct patient care. Particularly in the present economic environment, most of the continuing education we’ve been sponsoring both for our own department’s staff and that of our colleagues in other departments and agencies, have not always been possible. This has afforded the opportunity for many staff from agencies without money in their budgets for professional development to continue to enhance their skills in caring for persons nearing the end of life.

As always we sincerely thank those families who have directed that memorial contributions be made to Hospice Care of Nantucket Foundation.

Because of these donations we are able to continue to provide services free of charge.

**HOSPICE CARE OF NANTUCKET FOUNDATION**

**Customer Services**

- Inpatient care, with patients being present during the 24-hour period
- Hospice care, with patients being absent during the 24-hour period

As an example, we provide care to patients in their private homes, in hospice settings, or in hospitals.

**HOSPICE CARE OF NANTUCKET FOUNDATION**

**Sponsors**

We are grateful to the several island businesses who year after year generously donate many offerings and dedicated the income to our South African palliative care program and in-kind services to many African hospices.

The Dreamcatcher Dinner & Auction.

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