

PASCON

Our palliative and supportive care services are available to anyone with a cancer diagnosis, from diagnosis through cure or duration of illness.

This program complements the care provided by your physician and healthcare team.

Our program is designed to help you and your family/caregivers maintain wellness and a **high quality of life**.



PASCON operates as a department of Nantucket Cottage Hospital.

We are here for you.
Please let us help.

www.pascon.org
508 825 8325
pascon@partners.org



All services provided by PASCON are free of charge and we receive no insurance reimbursement.

This is made possible through generous community support and the dedicated fundraising efforts of Palliative & Supportive Care of Nantucket Foundation, a 501(c)3 registered nonprofit.

To make a donation, please visit our website or mail to PO Box 3541, 02584.

THANK YOU

COPING WITH CANCER



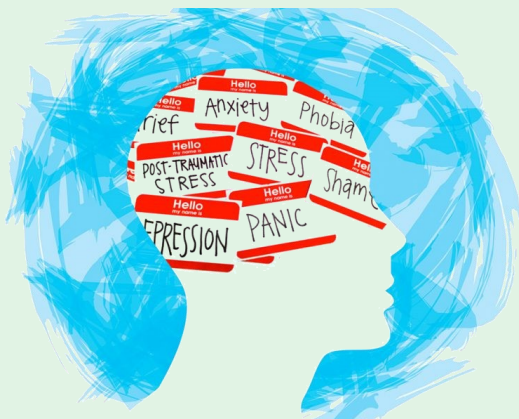
provides **free, confidential** support for anyone with any stage of cancer, as well as for family and friends of those with cancer to optimize wellness and quality of life

a program of

Compassion • Support • Respect

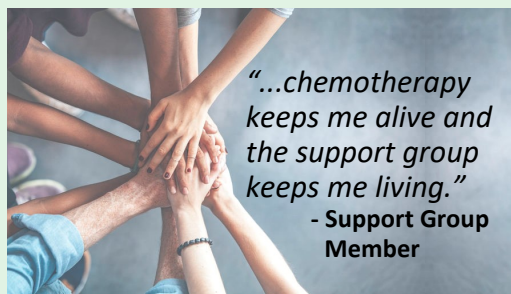
PASCON

Palliative & Supportive
Care of Nantucket



A cancer diagnosis can trigger many emotions.

People not only need treatment like surgery, chemotherapy, radiation, and immunotherapy; but also need **supportive care** to help them cope with the impact of the disease on their body, mind, and spirit and to find their inner strength.



Coping with Cancer Support Group

- available for anyone with any stage of cancer, as well as family and friends of those with cancer
- in person or virtual meetings to share ideas and discuss concerns in a confidential and nonjudgmental environment
- information, support, and stress management to improve coping with this illness

Yoga 4 Cancer Care

yoga and meditation to reduce stress and enhance well-being for cancer patients

Volunteers

- provide assistance and companionship
- offer respite for caregivers

Marla Ceely Lamb Cancer Travel Fund

reimbursement for travel related expenses for cancer patients who need to go off island for treatment and care

The PASCON Team

Nurse Practitioner

Nurse Specialist

Counselor and Social Worker

Medical Director

Office Coordinator

Chaplain and Volunteers

Together we work to help you

- restore health and wellness
- understand your cancer, treatment, and options
- navigate the healthcare system
- manage and relieve symptoms
- make decisions about care and advance care planning
- cope with the stress and emotional impact of your illness
- coordinate care
- attend to spiritual issues, depending on beliefs